



Do you need an Independent Mental Health Advocate?



An Independent Mental Health Advocate (IMHA) can help you to understand your rights under the Mental Health Act

Please contact us by:



Email
Referrals@advocacyproject.org.uk



Phone 02039607920



An Independent Mental Health Advocate can help you to:

Mental Health Act



Understand your rights

Say what is important to you



Tell people what care you need and any wishes you have



Tell people if you are not happy with the decisions about your care